



Colette Barcu  
CEO/Founder  
Free for Life International  
1.888.335.8835  
[www.freeforlifeintl.org](http://www.freeforlifeintl.org)

## Why?

Who was she?

Who is she?

Who could she have been?

■ These girls are chosen because they are already vulnerable.

### ■ Profile

- Runaway, throwaway
- Dysfunctional home
- History of sexual, emotional, and/or physical abuse
- History of witnessing domestic violence
- Criminal history
- Drug abuse and/or witnessing parental drug abuse
- Low self-esteem

“Repeated trauma/chronic stress will shrink the hippocampus and kill brain cells”

## Methods of Control

Some of the main forms of control found in Trafficking in persons cases are

- ▣ Violence and threats of violence
- ▣ Deception
- ▣ Imprisonment
- ▣ Collusion
- ▣ Debt bondage
- ▣ Religion, culture and belief

### Control by violence or threat of violence

- ▣ May not come into play until victims attempts non-compliance
- ▣ Simply the hint of violence is enough in some instances especially concerning family/loved ones
- ▣ Rape, beatings, marking as property, torture, making to watch all of the above all used to control

## Control by Collusion

Victims repeatedly told that the police are all corrupt  
And against them  
Making the victim feel that they are involved in and  
Or benefitting from the traffic

- ▣ Receiving money
- ▣ Consenting to prostitution at first (but not this)
- ▣ Illegally entering a country/state
- ▣ Victims forced to commit other crimes (shoplifting, drug transport etc)
- ▣ “Promotion” within the organization to recruiter/enforcer/informant (victims thinks they are part of the trafficking.

# Considerations



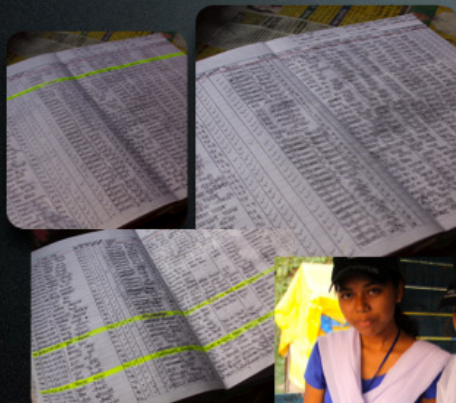
- Food
- Clothing
- Shelter/Housing
- Mental health care
- Crisis intervention
- Long term counseling
- Legal services
- Education
- Job skills
- Employment assistance
- Child care

### Medical and Health Considerations

- Self mutilation
- Suicidal threats and attempts
- Dissociative Identify Disorder
- Substance abuse
- Eating Disorders
- Depression
- Anxiety

- PTSD
- OCD
- Dissociation
- Past physical injuries (closed head injuries, fractures, lacerations, abdominal trauma, genital/anal trauma, internal injuries)
- Stress related physical symptoms (migraines, ulcers, IBS)
- Pregnancy
- STD's (TB, Hep B, gonorrhea, syphilis, chlamydia, HIV, AIDS)
- Medical care—Fractures, improperly healed bones; head trauma
- Dental care
- Anger
- Inability to articulate needs
- Excessive fear
- Insomnia/Nightmares
- Denial
- Belief that they love their trafficker

## Border Monitoring Station

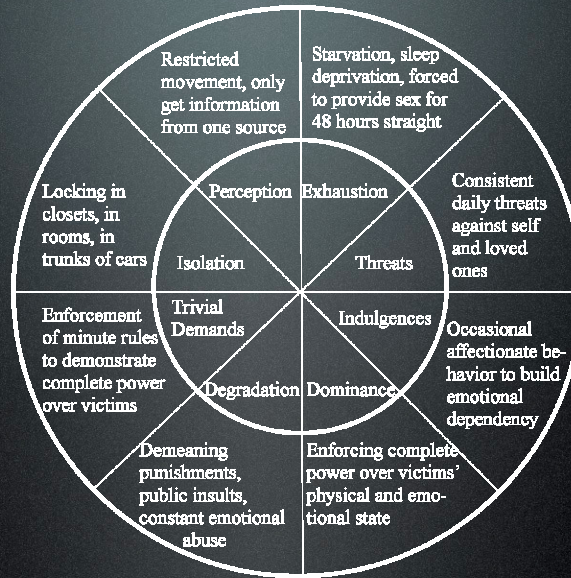


Pages of names that were interviewed.



Actual interview in progress

## Forms of Torture and Their Counterparts in Pimp Control



Based on information from *Domestic Sex Trafficking: The Criminal Operations of the American Pimp*. Polaris Project, 2006